

**“Low Touch” Interventions: Implications for Health Behavior Change  
v. 11-2-15**

CASPHR Workgroup + Presenters, In-Person Meeting

November 5, 2015

*NCI Shady Grove, Seminar Room 2 (Terrace Level)*

<b>Thursday, November 5<sup>th</sup></b>	
8:30-9:00 AM	Arrival and Introductions
9:00-9:15	Purpose & Plan for the Workshop Jerry Suls, NCI
9:15-9:40 AM	Small Interventions and Educational Outcomes <i>Geoffrey Cohen, Stanford University</i>
9:40-10:10 AM	Comments and discussion <i>Ellen Peters, Ohio State University</i>
10:10-10:35 AM	Translational Behavioral Medicine for Health Behavior Change <i>Paul Estabrooks, Virginia Tech University</i>
10:35-11:00 AM	Comments & Discussion, <i>Linda Cameron, University of California, Merced</i>
11:00-11:10 AM	Break
11:10-11:35 AM	Low-Touch Interventions with Health Providers <i>Craig Fox, UCLA</i>
11:35-11:55 PM	Comments and discussion <i>Alex Rothman, University of Minnesota</i>
12:00-1:00 PM	Get Lunch at Salad Bar, Grill, etc. on Terrace Level Please bring lunch back to Workshop Room
1:00-1:25 PM	Physical micro-environment interventions and Health Behaviour <i>Theresa Marteau, University of Cambridge</i>
1:25-1:55 PM	Comments & Discussion <i>Angela Bryan, University of Colorado-Boulder</i>
1:55-2:20 PM	Break
2:20-2:45 PM	Health Goal Priming: How to benefit from nonconscious motivational routes to health behavior <i>Esther Papies, University of Glasgow/Utrecht University</i>
2:45-3:15 PM	Comments & Discussion <i>Paschal Sheeran, UNC-Chapel Hill</i>
3:20-5:00 PM	Group Discussion: What can low-touch interventions tell us about health behavior change? <i>Irene Blair, University of Colorado-Boulder</i>